

NPO 144 - 410 PBO 930 049 584

Facilitating broad-based support for orphans, vulnerable children, and the people who care for them in Fisantekraal since 2004

## Overview

Post covid we are more aware of the crisis around hunger and food security. Food is now a core component in the planning and implementation of all our programs. We aim to help foster genuine food security at household level and promote the need for local food sovereignty at a community level. We acknowledge the reality that most of the people within our various programs experience, or have experienced, some level of food deprivation, and so whenever it is appropriate, we provide food as part of our programs.

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|   | Development |
| Charity                                 |             |

Within community development work there is always a tension between what are termed 'charity' and 'development'. Everything we do carries the desire to see people lifted out of poverty - financial, social, and emotional, and thriving. We do more than 'hand out' food or other assistance, but we do "feed the hungry" and "clothe the naked" simply because they are hungry or naked. Our food relief is primarily done through community-led kitchens or feeding schemes - where neighbours are helping neighbours. The kitchens we support are meeting some basic physical needs while creating a sense of belonging and inherent value that opens a door to change.

## **Programs & projects**

| Individual and family thriving – physical, emotional, relational   |  |  |  |
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| Fostering Care   | Food Security  |  |  |
| Support & training   | Food growing   | Food relief  |  |
| Workshops, courses, support groups, assistance   | Home & community gardens   | Community soup kitchens  |  |
| teen/young moms' group, support with nappies (diapers), milk, registration etc; healing through play, #playmakers, schools' programs; trauma informed care; resilience building training; GBV awareness; food parcels when needed. Collaboration with other NPOs | home food gardens; school<br>food gardens; group food<br>gardens; kids garden groups,<br>#growwithus;<br>child participation & child<br>ambassadors;<br>Eco & environmental<br>awareness | One sponsor of 8 kitchens – provide gas, dry goods; collect & distribute donations of food (SAHarvest, County Fair), clothing and other goods. |  |